



Firstly, thank you for coming along to marshal this weekend.

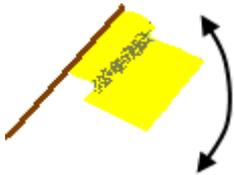
Please remember your safety is paramount. Do not take any unnecessary risks.

- Your main job today is to warn riders of any danger in the track ahead of them.
- Always stay on your marshal point unless instructed otherwise by another member of the race staff.
- You should always face the direction of racing so you watch the backs of the riders as they pass your point, anything that happens before your point will be dealt with by the previous marshal.
- While racing is in progress please remain standing, this is for your own safety (you can react quicker when standing) as well as to enable the riders to see where the marshals are.
- We will be using a two flag rule this weekend, If a rider stops on the track in full view of oncoming riders the marshal will hold out a stationary yellow flag, held by the pole and ensuring that the wind doesn't make it invisible to the rider.
- If there is a major incident on the track, for example, a rider has fallen and is covering a large area of the track, another official/ medic is dealing with an incident in the track or the rider has fallen in a blind bit of track, the yellow flag should be waved in a figure of 8 motion. If the next marshal around the circuit from your point is waving their flag then you should display a static yellow flag at your point as described earlier. If there is a major incident on your point you can use your hand to direct the oncoming riders away from the incident, please be clear with your signals.
- The white flag you have is to call the medical team to an incident. If you require medical assistance in your section of track this should be held in the air whilst waving your yellow flag. The white flag may be lowered once the medical team are on the scene.
- If you have a major incident on your point we will get assistance to you as quickly as possible.
- While racing is in progress we ask that you refrain from using mobile phones, pagers, radios or anything else that will distract from the race track.
- Marshals are not allowed to drink alcohol or partake of non-prescription drugs while on duty or between races.
- It is vital that marshals at no point leave a post unattended while riders are on the track. If a break is needed for the toilet etc. make sure a member of staff is there to cover in case you are not back before the next race commences.
- Hi-visibility vest must be worn at all times while on duty.
- Safety glasses and ear plugs are available upon request.

Flag Signals



A stationary yellow flag shown if a minor incidents is taking place in your section of track, or if the next marshal is using a waved yellow flag



A waved yellow flag should be show if a major incident is taking place in your section of track or if any official is on the track



Hold up your first aid flag if assistance is required in your section of track only.

Once again thank you for helping out with the safe running of our event this weekend, without the help of many people these events couldn't happen.